

POWER LUNCH

Monday

Roasted red pepper & tomato bisque **v**
Steamed vegetables **v g**
Coconut jasmine rice **v g df**
Beef teriyaki **df**
Butter chicken with naan bread & raita
Vanilla crème brûlée **v g**
Assorted dessert squares
Boston milk chocolate brownie
Warm bread pudding with rum raisin sauce

MAKE YOUR OWN POWER BOWL

BASE OPTIONS

Mixed greens, spinach, baby kale,
udon noodles, 7-grain rice, quinoa

PROTEIN OPTIONS

Marinated tuna, marinated tofu, grilled chicken
VARIETY OF FRESH CHOPPED TOPPINGS
VARIETY OF HOUSE-MADE DRESSINGS

Thursday

Sweet carrot & ginger bisque **v**
Coconut jasmine rice **g v df**
Potato & cheddar pierogis with smoked bacon
Beef & rice stuffed cabbage rolls **df**
Butter chicken with naan bread & raita
Vanilla crème brûlée **v g**
Assorted dessert squares
Boston milk chocolate brownie
Warm bread pudding with rum raisin sauce

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BASE OPTIONS

Mixed greens, spinach, baby kale,
udon noodles, 7-grain rice, quinoa

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VARIETY OF FRESH CHOPPED TOPPINGS
VARIETY OF HOUSE-MADE DRESSINGS

Tuesday

Thai chicken soup
Roasted brussels sprouts **df**
Coconut jasmine rice **v g df**
Crispy pork picatta with lemon caper cream sauce
Butter chicken with naan bread & raita
Vanilla crème brûlée **v g**
Assorted dessert squares
Boston milk chocolate brownie
Warm bread pudding with rum raisin sauce

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Friday

New England clam chowder
Ratatouille **g v df**
Ice shrimp & edamame risotto
Potato crusted pacific cod with fresh clams
in fennel tomato broth
Butter chicken with naan bread & raita
Vanilla crème brûlée **v g**
Assorted dessert squares
Boston milk chocolate brownie
Warm bread pudding with rum raisin sauce

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Wednesday

Cream of wild mushroom **v**
Spicy cajun roasted yams **g v df**
Red skin mashed potatoes **v**
Spicy Texas BBQ meatballs **df**
Butter chicken with naan bread & raita
Vanilla crème brûlée **v g**
Assorted dessert squares
Boston milk chocolate brownie
Warm bread pudding with rum raisin sauce

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Saturday

Minestrone
Garlic Focaccia bread **v**
Coconut jasmine rice **g v df**
Crispy chicken parmigiana
Penne bolognese
Butter chicken with naan bread & raita
Vanilla crème brûlée **v g**
Assorted dessert squares
Boston milk chocolate brownie
Warm bread pudding with rum raisin sauce

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Mixed greens, spinach, baby kale,
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v Vegetarian

g Gluten-friendly: food items may come in contact with non gluten-free ingredients

df Dairy-free

Please note that cross contamination may occur

